

The Furman Forum

Volume 27
February 2020

Dr. Evelyn Perry
Principal

Ladaisha Ballard
Assistant Principal

Rosalind Lockwood
Executive Director

Wanda Best
Board President

International Day at Furman L. Templeton



FURMAN L. TEMPLETON PREPARATORY ACADEMY
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Furman L. Templeton Preparatory
Academy
1200 Pennsylvania Avenue,
Baltimore, MD 21217
furmantempletonprepacademy.com



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Look What's New In This Month's Issue!

★ Vision & Mission Statement.....Pages 3-4

*FLT's Mission & Vision Statement,
Important Dates, Principal says*

★ Core Values.....Pages 5

FLT's Core Value of the month

★ Content Update & Tips.....Page 6-7

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Community Resources, Upcoming Events, & More

Furman L. Templeton Preparatory Academy

Our Mission

To accelerate the opportunities and outcomes for our children by demanding nothing but excellence from the students, staff, and the community.

Our Vision

Accelerating the academic achievement of all students, in partnership with the entire community, to ensure that students have the attitudes, skills, and proficiencies needed to succeed in college and in the 21st century global workforce.

Important Dates

- **February 5:** Half-day for students
- **February 6:** Hundredth Day of School
- **February 12:** Breath Mobile
- **February 14:** Valentine's Day/ No School Professional Development
- **February 17:** President's Day/ No School
- **February 18:** Parent Voice PTO Meeting
- **February 20:** H.E.A.R.T. Market/ Consignment Shop
- **February 20:** Excellence Gala (Invite Only)
- **February 21:** Parent Breakfast

The complete 19-20 SY Calendar with important dates may be found towards the end of this newsletter

Parent Information

PARENT



February 21, 2020
8:45 am - 9:45 am
Cafeteria

Next PTO Meeting:
February 18, 2020
FLT PAC Room @4pm

For more parent information check out the resource guide at the end of the newsletter and the parent engagement corner next to the main office.

Parent Breakfast

February 21, 2020
7:45 am - 8:45 am
Cafeteria

Principal Says

Greetings to all Parents/Guardians and Family Members!

It's February-Black History Month, the Month of Love, and Presidents' Day! It is also the month we celebrate our Furman Scholars by recognizing their academic achievements with the quarterly Honor Roll Breakfast. 62 students met the criteria for the Honor Roll and 31 students met the criteria for the Principals' List, which is the highest academic achievement at Furman L. Templeton. To the parents of these students, I thank you for making academic success a priority in your household.

I want to, also, thank your children for making the choice, each day, to come to school ready to learn. Making "right choices" and/or "making good decisions" such as following directions, being respectful, and completing assignments is not an easy task for our many of our young people. It is a learned behavior—which means they must be taught.

Teaching children to make good choices is difficult but it can be done. So how do we teach our children to make good choices? Here are a few professional recommendations.

Let Them Make Mistakes

As parents, our natural instinct is to shield our kids from all potential pitfalls. But carefully letting your kids learn a hard lesson from their own mistakes and then talking to them about it after the fact will give them great insight.

Talk to Your Child

Open communication is vital to parenting but is quite often hard to achieve. The second a child senses a lecture, you've lost his ear. If you can find common areas where you bond and illicit real discussion from your child, you will gain invaluable insight into how he thinks. This, in turn, gives you the ability to know what decision he is going to make before he even makes it. If it's not going to be the correct one, then you can intervene and guide in the proper direction.

Get Involved

Whether it is church youth groups, Boy Scouts, Girl Scouts, or any variety of social organizations, having your child get involved will teach her life skills that will grow her wisdom. It also exposes her to positive peer pressure and increases the likelihood that the decisions she makes will be the correct ones. If a child has a lot to lose by acting foolish, she is much less likely to do so. One of the best ways for you to get involved in your child's life is to be a presence at his or her school.

Pile on the PRAISE

Too often, parents tend to focus on the things our children might need work on. We want to fix their struggles. [Yet, we might forget to praise when they get it right, as they so often do.](#) Example: "Dad, did you see me hit that 20-footer from the corner?" "Yes, good job, but you had a couple of turnovers. You need to be more careful with the ball." Sound familiar? By praising our children when they do great things, it helps reinforce the desire to make decisions to have similar outcomes.

The Friends We Keep

If we are only as strong as our weakest link, then teaching your children how to choose friendships is a vitally important task. As important as we like to think we are to our kids, their world revolves around their own social interactions and circles of friends. It is THEM they are listening to, and not us in many circumstances. One sure-fire way to know what direction your child is headed in is to get to know his friends. "Show me your friends, and I'll show you your future."

Until next time. Peace and Love!

Dr. Evelyn Perry, Principal



Core Value of the Month

This month's core value is compassion. Compassion is the sympathetic pity and concern for the sufferings or misfortunes of others. A person who shows compassion can put themselves in the shoes of another and feel sorry for the pain or troubles of another. In other ways, compassion is to look beyond your own pain, to see the pain of others. On the other hand, a lack of compassion rears its ugly head in situations filled with willful actions covered only in the intention to hurt or cause harm to another. Sometimes it comes out in the things people say, the way people behave, and even in the ways people think. Nonetheless, as Ellen DeGeneres once said. "We need more kindness, more compassion, more joy, more laughter and we can all contribute to that."



Compassion: sympathetic pity and concern for the sufferings or misfortunes of others.

Ways to Show Compassion

1. Open the door for someone
2. Motivate others
3. Practice acts of kindness
4. Allocate time to bond with friends and families
5. Say encouraging words
6. Share a hug or a handshake
7. Incorporate the phrase "thank you" into your daily routine
8. Offer to help someone with their to-do list



Academic Content

Academic Corner

Nine Powerful Practices for Parents and Teachers

As parents and teachers, it is up to us to recognize the challenges our students face that block their achievement both inside and outside of school. Note the listed interventions one can use to help raise the achievement level of students.

- Build Relationships of Respect
- Make Learning Relational
- Teach Students to Speak Formally
- Assess Student Resources
- Teach the Hidden Rules of School
- Monitor Progress and Plan Interventions
- Translate the Concrete into the Abstract
- Teach Students How to Ask Questions
- Forge Parent-Teacher Relationships



Content Update

Illuminating Intervention



Congratulations to the 4th and 5th grade math intervention students for their amazing growth on i-Ready! Congratulations also to the 1st grade reading intervention students for their awesome growth! We are so proud of all of our students' hard work during their intervention sessions. Lots of great learning is taking place.

Our focus for the rest of the year is to work with students on seeing patterns and relationships. In the younger grades that means identifying and producing rhyming words and finding one or two more or one or two fewer. In the upper grades, that means identifying words that have similar sounds/spelling and using related operations (addition/subtraction and multiplication/division) to check their work or even solve a problem.

Now that Mrs. Benton is back from leave, the GAL students are returning to their regularly scheduled small group time. The students in grades 2 through 4 will also begin their Johns Hopkins University Center for Talented Youth Emerging Scholars (CTY) programs. These programs provide hands-on, challenging learning experiences for our gifted students. If you would like more information about our gifted programming or would like to refer your child for testing, please visit our school's website or email Mrs. Benton at klbenton@bcps.k12.md.us.



Wellness Watch

Besides being Black History Month, February is also Heart Month. During this month of love is a great time to check in on your ticker! In the United States, Heart disease causes 1 in 4 deaths annually and is the leading cause of death for men and women. Though some heart issues are genetic, heart disease, like coronary artery disease, can be prevented by managing your health condition and by making healthy choices. Coronary artery disease is a condition that develops when fat, cholesterol, calcium, and other substances in the blood build up inside the coronary arteries (the arteries that supply oxygen-rich blood to the heart). Coronary artery disease can cause heart attacks (Sudden Cardiac Arrest), medical episodes that affect one person every 40 seconds in the U.S.

What can you do to prevent coronary artery disease?

- Engage in regular moderate aerobic exercise for at least 30 minutes five days a week or more vigorous workouts at least 20 minutes three times a week.
- Adopt a diet low in salt, sugar, saturated and trans fats and high in unsaturated fats (fish, avocado, etc.)
- Maintain a normal body weight with caloric adjustment.
- Take fish oil supplements.
- Avoid smoking and recreational drug use.
- Drink no more than $\frac{1}{2}$ to 1 alcoholic beverage per day.

If you are interested in having your blood pressure checked, we have a blood pressure machine at school! Stop in the office to ask about it! If you, or someone you know, is possibly having a heart attack, call 9-1-1 immediately! The chances of survival drop by 7 to 10 percent with every minute that passes without CPR and defibrillation, and chances of successful resuscitation diminish greatly after 10 minutes.

Special Recognitions



Pre- K

1. Cherish Manning
2. Christopher Savoy

Kindergarten

1. Jaleah Powell
2. Za'Ryah Warren

1st Grade

1. Taylor Terry
2. Tajayah Green
3. Za'Niya Williamson
4. Lay'Arra Alston

2nd Grade

1. Ashton Proctor
2. Cameron Bunn
3. Jalen Brand
4. Ja'Nell Simms-Parker
5. Maliyah Wynn
6. Dante Jolley

3rd Grade

1. Felicia Clark
2. Nevaeh Ritch
3. Larry Alston

4th Grade

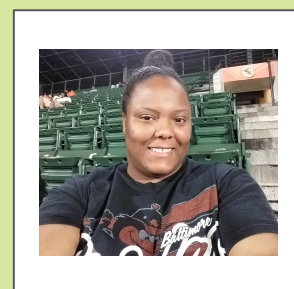
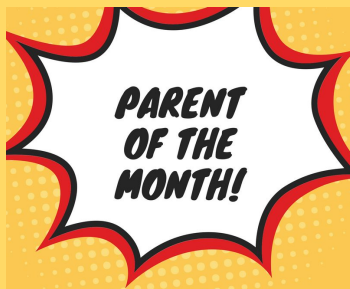
1. Kayla Clemons
2. Jaiden Alston
3. Makailah Smith
4. Caiden Coleman

5th Grade

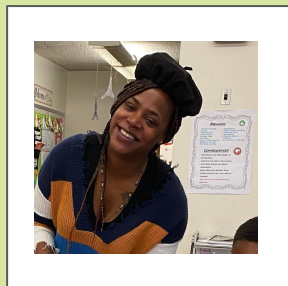
1. Caden Singletary
2. Kenya Young
3. Demon'Trey Spivey



Tiara Hunter



Ms. Coe



Ms. Blake



Ms. Brock

FLT NEWS

School Information

Breakfast Start Time: 7:30 a.m. (New time)

School Start Time: 7:45 a.m.

Dismissal Time: 2:25 p.m.

- Pre-k to 1st grade pickup location: Blacktop behind brick wall on Pennsylvania Ave
- 2nd to 5th grade pickup location: Black top near basketball court off of Dolphin St

NOTE: We DO NOT follow the BCPS Early Release Days newly scheduled for SY 19/20.

- No early dismissals after 2:00 p.m.
- Must show i.d. to enter school building
- School-wide uniform: Khaki pants/short/skirt, Navy blue (or white) polo style top (or button up shirt) and closed-toe shoes
- No double parking



FLT Clubs



In preparation for Spring MCAP assessments, clubs will end for the remainder of the school year.

Choir Club- After School Program- The school choir club did an excellent job representing our school at the holiday events at Hersheypark and The Avenue Market. We are very pleased with how far this young group has come this year and we are looking forward to working on new songs for the spring. New members are welcome to join on Wednesdays after school in Mrs. Davis' room from 3:00-4:00 p.m. We have finalized and scheduled our end of year trip and we are looking forward to having a lot of families participate and travel to Niagara Falls with us in June. If your child is interested in joining they need to get a permission slip and meet with Mrs. Rose and attend at least one practice prior to 1/31/2020. If you have questions please contact Mrs. Rose at 443-836-6444. Thank you!



Attendance Updates

Attendance Plans

Perfect Attendance Incentive

Plan: Each homeroom class has developed their own attendance plan and an incentive program. Talk to your child's homeroom teacher for details on what the attendance plan, so that your child can earn the incentive.



FURMAN L. TEMPLETON PREPARATORY ACADEMY
LEARN * LOVE * LIVE

95% Attendance Club

WE ONLY HAVE ONE RULE TO JOIN!

1. Be on time and in school ready to learn every day!

Attendance Celebrations:
October 31st- Ice Cream
January 23rd- Winter Wonderland Party
March 26th - Carnival
May 28th- Game Truck

PROMISE HEIGHTS

Attendance Percentages

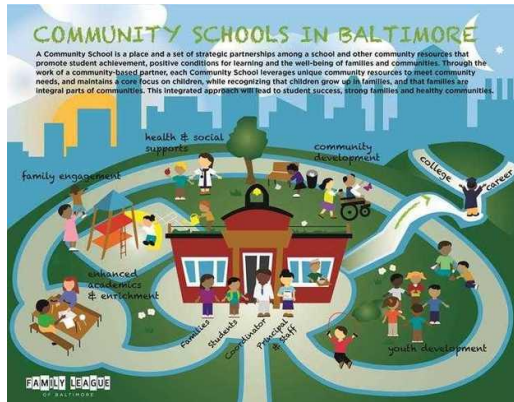
FLT is serious about attendance. Our talented staff cannot teach unless students attend school. There is a district-wide focus on student attendance. Again this year, there will be mandatory hearings at school headquarters for the parents of students with poor attendance. Each month the newsletter will include this chart so students and parents can review attendance averages. Parents track your student's daily attendance.

**FLT's Attendance
Goal: 94.0%**

Grade	January Attendance
FLT Avg.	84.54%
Pre-K	80.10%
K	78.09%
1	88.44%
2	81.25%
3	88.12%
4	87.45%
5	87.57%

Community School News

Partnerships at FLT



For more information Contact:
Meaghan Tine, LMSW
Community School Coordinator

- Child First
- B'More for Healthy Babies
- C&C Advocacy
- Reading Partners
- YMCA
- Pearlstone
- D.O.P.E. Girlz
- Movement Team
- Little Flowers

- Promise Heights
- Leveling the Playing Field
- Breath Mobile
- Baltimore Urban Debate League
- MD Food Bank
- Chicago Parent
- Girl Scouts
- Stanley Snacks

Partnership Highlight

Baltimore Urban Debate League(BUDL) is a community-based debate program that is open to 3rd-6th graders, citywide. Joining debate increases your speaking confidence, gain skills crucial for academic and personal success, make new friends and mentors along the way. BUDL is partnering with Furman L. Templeton to bring their 1st cohort to the community in February.

News from our School Social Worker

We have a lot of exciting things going on at Furman:

Heart Market- 1/23/2020- 1:30 p.m.-3:30 p.m.- Forms to have your students sent to the pick up area to meet you will be out by 1/10/2020.

International Day- 1/24/2020- 8:35-10:45a.m.- PARENTS are encouraged to attend with their children be on the lookout for the invitation or fill one out in the office.

Community Health, Wellness and Job Fair as well as clothing give-away Saturday 1/25/2020- Doors will open at noon.- Look out for the flyer.

Community School News

The Promise Heights Team at FLT

Meaghan Tine, Community School Director
410-207-3602
MTINE@ssw.umaryland.edu

Latoria Mackey, Assistant Community School Coordinator
443- 813- 1522
latoria.mackey@ssw.umaryland.edu

Linda Callahan, Early Childhood Mental Health Consultant
401.207.3664
Linda.callahan@ssw.umaryland.edu

Nikea Taylor, Early Childhood Assistant
443-930-0170
nikea.taylor@ssw.umaryland.edu



Dominique Robinson, Parent Leader

Stormi Lynn, Parent Leader

Cynthia Banks, Parent Leader

Promise Corps



We have experienced AmeriCorps working here at FLT. Their mission is to address absences and provide supports and services to students and families.

Welcome new PromiseCorps, Nancy Jones, to FLT. Ms. Jones comes to Furman from Asheville, NC and will be working with students and families who are chronically absent.

- Dozetta Lewis, Student Services Coordinator
- Maoti Gborkrquellie, Student Services Coordinator
- D'Marcus Warrick-McPherson, Student Services Coordinator
- Nancy Jones, Student Services Coordinator

Mental Health Team Updates:

The mental health team started observing and servicing their caseloads. We sponsored the training on the Sanford Harmony Social Emotional Learning Curriculum and met with teachers to discuss individual cases as well. Additionally, the DOPE Girlz mentoring program had their parent orientation and started their program, there may still be spots available for interested girls in grades 3rd-5th. Finally, our C&C Advocacy boys mentoring program has begun for boys in 2nd-5th grade.

If you are interested in any of these available programs and or have other questions for your child's mental health please contact Mrs. Rose at the school.

If you feel your child is in need of additional mental Health Services you can contact Mrs. Rose (room 207) 410-396-0882 to set up and meeting and referral.

FLTPA EVENTS

Events	
Event Title	Event Details
Parent Voice (PTO)	February 18, 2020 4:00 p.m. – 5:00 p.m. PAC Room
H.E.A.R.T. Market/ Consignment Shop	February 20, 2020 1:30 p.m. – 3:15 p.m. Auditorium Lobby
Parent Breakfast & Workshop	February 21, 2020 7:45 a.m. – 8:45 a.m. Cafeteria
Parent University	February 25, 2020 8:00 a.m. – 10:00 a.m. A.M.E. Zion Baptist Church

Parent Breakfast /Workshop Schedule SY 19/20		
Date	Theme	Location
December 13th	Financial Freedom	Cafeteria
January 17th	Stress Relief	Cafeteria
February 21st	Resilience, Trauma, and Black Mental Health	Cafeteria
March 20th	Raising Strong Women	Cafeteria
April 24th	Healthy Living	Cafeteria
May 15th	Summer Fun and Safety	Cafeteria

Resource Guide

1. Workshop & Upcoming Event Flyers

- Treasures Of the Month
- Parent Breakfast/ Workshop
- PTO Meeting; Parent Voice
- Heart Market
- Parent Consignment Shop
- Parent Punch Card
- Curbside Courtesy

2. Clubs & Organizations

- Center For Urban Families

3. Menus

- Breakfast Menu
- Lunch Menu

4. 19-20 School Year Events & Calendar



Treasures of the Month

February 14

Valentine's Day/ Schools Closed

February 17

President's Day/ Schools Closed

February 18

Parent Voice

February 20

H.E.A.R.T. Market/ Consignment Shop

February 20

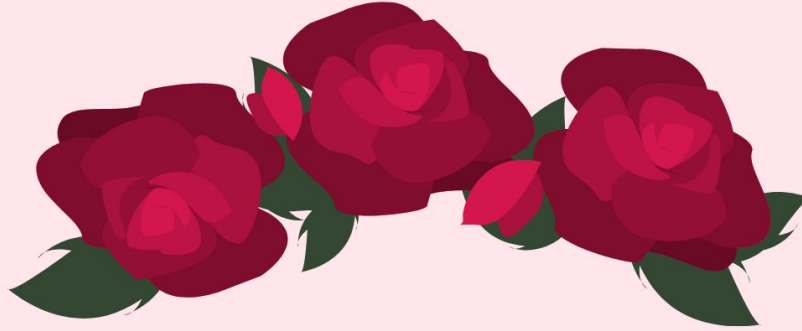
Excellence Gala

February 21

Parent Breakfast

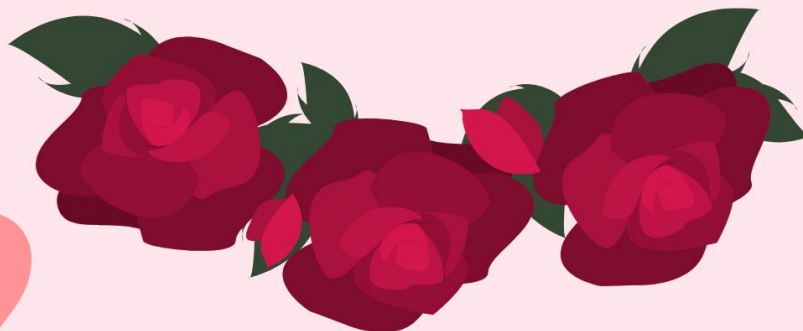


WE'D **LOVE** FOR YOU TO JOIN
US..



*Parent Breakfast
& Workshop*

February 21, 2020
7:45 AM- 9:45 AM
CAFETERIA





FURMAN L. TEMPLETON PREPARATORY ACADEMY
LEARN * LOVE * LIVE

FURMAN L. TEMPLETON
PRESENTS...

Parent Voice

**FEB
18TH**

4 P.M. - 6 P.M.

JOIN US FOR A MEETING IN THE
PAC ROOM!



**PROMISE
HEIGHTS**



Furman L. Templeton Prep Academy

&

The Maryland Food Bank

PRESENTS

H.E.A.R.T. Market



Date: 2/20/20

Time: 1:30p.m.-3:15p.m.

Place: In front of Auditorium



***2 bags of food per family! Must have children with you
to receive food bags.***

First 100 Families will be served!



PARENT CONSIGNMENT SHOP

OPEN AT EVERY HEART MARKET

COME COLLECT YOUR
VOLUNTEER REWARDS!

FLT PARENT PUNCH CARD



FURMAN L. TEMPLETON PREPARATORY ACADEMY
LEARN * LOVE * LIVE



Furman L. Templeton Parent Punch Card
We love our parents at FLT, thank you for all that you do!

Get 1 punch every time you are involved, get 10 punches to earn a reward!



NOW AVAILABLE!

GO TO THE P.A.C. TO GET YOUR CARD
TODAY



FURMAN L. TEMPLETON PREPARATORY ACADEMY
LEARN * LOVE * LIVE

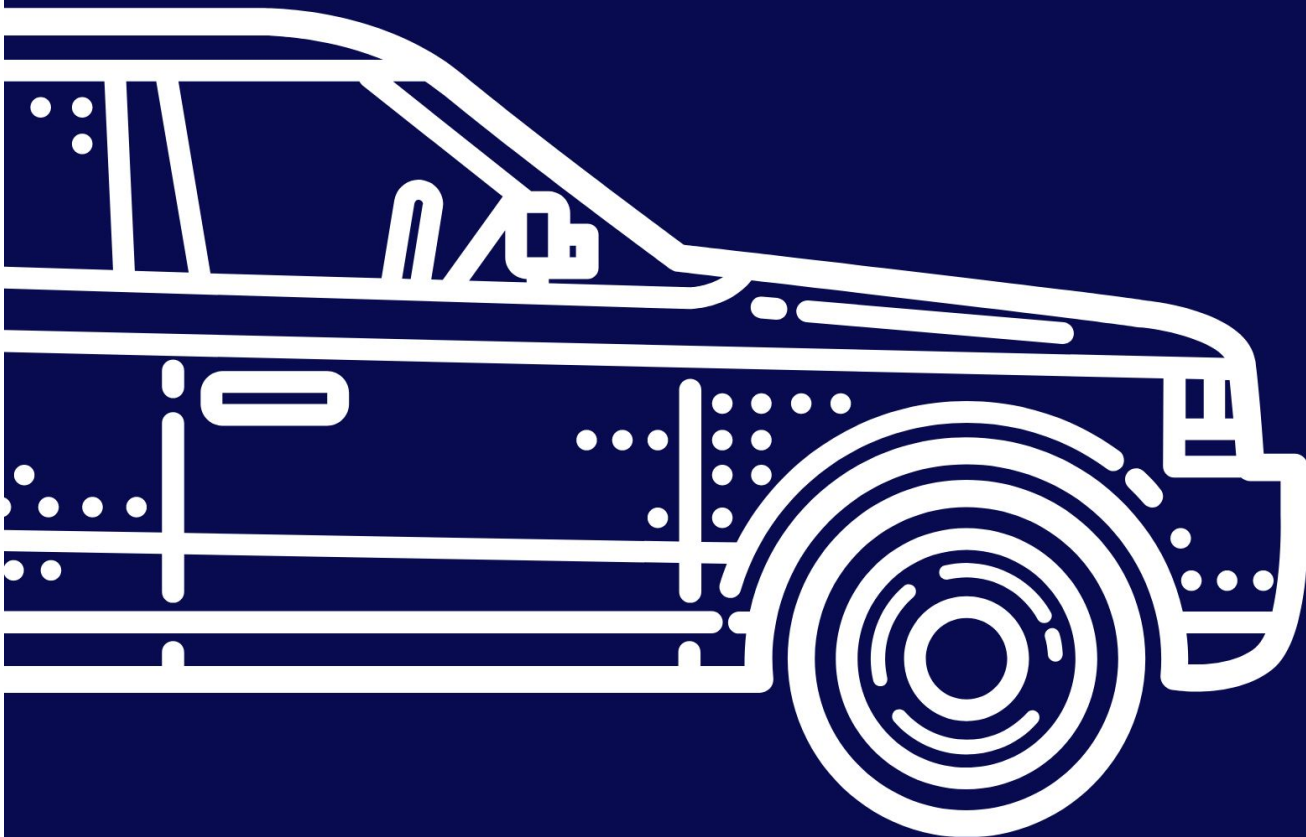


PROMISE HEIGHTS
Where Hope Takes Root

Curbside Courtesy
Now Open
Mondays & Fridays

7:45AM - 8:15AM

NOT OPEN ON DAYS OF PARENT BREAKFAST OR SCHOOL DELAYS





WHAT
MADE
YOU
PROUD
TODAY?



NOW RECRUITING!

(*The first 50 persons enrolled will receive a \$25 gift card.)

BALTIMORE RESPONSIBLE FATHERHOOD PROJECT

is a 90 day program designed to increase father's emotional and financial support of their children and families. Potential members must be 18 years of age, reside in Baltimore City and have a child or children age 17 and under. Custodial and noncustodial fathers, mothers, uncles and father figures are welcomed to enroll.

SOME PROGRAM BENEFITS INCLUDE:

- ✓ CHILD SUPPORT REDUCTION
- ✓ JOB/CAREER RESOURCES
- ✓ CO-PARENTING STRATEGIES
- ✓ INCENTIVES UP TO \$200

These services are available to all eligible persons, regardless of race, gender, age, disability, or religion. Funding for this project was provided by the United States Department of Health and Human Services, Administration for Children and Families, Grant: # 90FK0085-01-00.

“Before coming to CFUF I felt stagnant, like I wasn't living up to my potential as a father and a man. Now my relationships are strong, I have a career I enjoy and I'm working toward getting a house for my family.”

Jarrell A., BFRP '16



WALK IN TODAY!
CALL/TEXT 443-790-4491

Center for Urban Families
2201 North Monroe Street
Baltimore, MD 21217

Walk-in hours: Mon-Fri, 9:00 a.m. – 4:30 p.m.



WHAT IF YOU COULD CHANGE YOUR LIFE IN THREE WEEKS?

STRIVE is more than a job training program. It's an opportunity to move beyond what's holding you back in life -- with the support of coaches and peers who've been **EXACTLY** where you are today.

Here are just some of the **FREE SERVICES** we offer:

- Job training + placements
- Career path mentoring
- Attitudinal coaching
- GED classes/testing
- Occupational certifications
- Programs for fathers/couples
- Supportive services to keep you on track!

STRIVE
PREPARED
TO WORK
DETERMINED
TO SUCCEED

NOW ENROLLING!

Walk in today. Or call 410-EMPLOY-1.

2201 N. Monroe St. Baltimore, MD 21217 | Walk-in hours: 9 AM-3 PM

STRIVE is a
program of...



YOUR FUTURE JUST GOT BRIGHTER.



Are you a male or female, age 18-24, who's had a brush with the law and is struggling to finish school, find a good job or just transition back into the real world?

We believe in your potential and can help you get on the **PATH TO SUCCESS**.

AS A STRIVE FUTURE LEADER YOU WILL RECEIVE:

- Career path mentoring
- Job readiness training
- Job and/or educational placement assistance
- GED prep/testing
- Homework help/tutoring
- Access to industry recognized certifications
- PAID internships
- Service learning projects
- Ongoing support to keep you on track...

NOW ENROLLING!

WALK IN FOR MORE INFO:

Mon-Fri, 9 AM to 3 PM
2201 N. Monroe Street
Baltimore, MD 21217

OR CONTACT:

Kate Wolfson
kwolfson@cfuf.org
410-246-1377

STRIVE Future Leaders
is a program of...



This work product was funded by a grant awarded by the U.S. Department of Labor's Employment and Training Administration. The product was created by a Sub-recipient or a contractor and does not necessarily reflect the official position of the U.S. Department of Labor. The Department of Labor makes no guarantees, warranties, or assurances of any kind, express or implied, with respect to such information, including any information on linked sites and including, but not limited to, accuracy of the information or its completeness, timeliness, usefulness, adequacy, continued availability or ownership. This product is copyrighted by the institution that created it.



**YOU'RE JUST 16 FREE DATE NIGHTS AWAY FROM
A STRONGER RELATIONSHIP.**

COUPLES ADVANCING TOGETHER (CAT) is an 8-week program designed to strengthen families by giving parents the time and tools needed to build healthy, committed relationships and stable households.

Our expert trainers (who happen to be a power couple themselves) will help you grow as partners in:

♥ COMMUNICATION	♥ FINANCES ♥
♥ TRUST	PARENTING ♥ AND
♥ INTIMACY	MORE!

Each CAT session includes a **catered meal** served family style with table linens, sophisticated conversation and date-night decor. (Fancy, huh?)

Plus, licensed childcare + **door-to-door** transportation.
And a **\$150 stipend** per couple upon CAT completion.

SIGN UP TODAY!

WALK IN FOR MORE INFO:

Mon-Fri, 9 a.m. to 3 p.m.
Center for Urban Families
2201 N. Monroe Street
Baltimore MD 21217

OR CONTACT:

Latoya Felder
lfelder@cfuf.org
443-404-4414
410-367-5691

Same-sex couples welcome!

BREAKFAST MENU



February 2020 Elementary & Middle Traditional Breakfast Menu

BALTIMORE CITY
PUBLIC SCHOOLS

Monday	Tuesday	Wednesday	Thursday	Friday
3 Oatmeal Breakfast Bun Assorted Cold Cereal Graham Crackers Ginger Gold Apple Black Plum	4 Turkey Sausage Breakfast Pizza Assorted Cold Cereal Graham Crackers Orange Dreamsicle Applesauce Cup Black Plum	5 Peach & Raspberry Yogurt Crunchy Granola Clusters Assorted Cold Cereal Graham Crackers Mixed Fruit Cup Banana	6 Chicken Sausage & Egg Breakfast Sandwich Assorted Cold Cereal Graham Crackers Banana Peach Cup	7 Cinnamon Glazed French Toast Assorted Cold Cereal Graham Crackers Assorted Fresh Fruit
10 Waffle Chicken Sausage Patty Syrup Assorted Cold Cereal Graham Crackers Ginger Gold Apple Black Plum	11 Turkey Sausage Breakfast Pizza Assorted Cold Cereal Graham Crackers Orange Dreamsicle Applesauce Cup Black Plum	12 Plain Bagel Cinnamon Raisin Bagel Assorted Cold Cereal Graham Crackers Mixed Fruit Cup Banana	13 Chicken Breakfast Fillet Biscuit Assorted Cold Cereal Graham Crackers Banana Peach Cup	14 Strawberry Banana Yogurt Apple Muffin Tops Assorted Cold Cereal Graham Crackers Assorted Fresh Fruit
17 Presidents' Day Schools Closed	18 Turkey Sausage Breakfast Pizza Assorted Cold Cereal Graham Crackers Orange Dreamsicle Applesauce Cup Black Plum	19 Peach & Raspberry Yogurt Crunchy Granola Clusters Assorted Cold Cereal Graham Crackers Mixed Fruit Cup Banana	20 Chicken Sausage & Egg Breakfast Sandwich Assorted Cold Cereal Graham Crackers Banana Peach Cup	21 Cinnamon Glazed French Toast Assorted Cold Cereal Graham Crackers Assorted Fresh Fruit
24 Waffle Chicken Sausage Patty Syrup Assorted Cold Cereal Graham Crackers Ginger Gold Apple Black Plum	25 Turkey Sausage Breakfast Pizza Assorted Cold Cereal Graham Crackers Orange Dreamsicle Applesauce Cup Black Plum	26 Plain Bagel Cinnamon Raisin Bagel Assorted Cold Cereal Graham Crackers Mixed Fruit Cup Banana	27 Chicken Breakfast Fillet Biscuit Assorted Cold Cereal Graham Crackers Banana Peach Cup	28 Strawberry Banana Yogurt Apple Muffin Tops Assorted Cold Cereal Graham Crackers Assorted Fresh Fruit

Options Available Daily at Breakfast:

Cold Cereal Options-
Apple Cinnamon
Cheerios, Multi-Grain
Cheerios, Original
Cheerios, Cinnamon
Toast Crunch, Golden
Grahams, Honey Kix

1% White Milk, Fat Free
White Milk

Menu subject to change

Milk

Breakfast Condiments

Daily Available Breakfast Nutritionals

This institution is an equal opportunity provider.

LUNCH MENU

BALTIMORE CITY
PUBLIC SCHOOLS



February 2020

ELEMENTARY/MIDDLE LUNCH MENU

February is American Heart Month

Heart-healthy diet: 8 steps to prevent heart disease

<https://www.mayoclinic.org/diseases-conditions/heart-disease/in-depth/heart-healthy-diet/art-20047702>

Monday	Tuesday	Wednesday	Thursday	Friday
<p>3 Hamburger on Bun Cheeseburger on Bun PB & J Sandwich Veggie Burger on WG Hamburger Bun Vegetarian Beans Side Salad Assorted Fruit</p>	<p>4 Italian Meatball Sub Tuna Salad WG Bread, 2 slices Hummus Plate Broccoli Side Salad</p>	<p>5 WG Chicken Tender Spicy WG Breaded Chicken Tender Honey Mustard Cup Deli Sandwich Falafel on Flat Bread Oven Fries Side Salad</p>	<p>6 Sweet Chili Turkey Meatballs Tuna Salad WG Bread, 2 slices Veggie Wrap Steamed Carrots Side Salad</p>	<p>7 Cheese Personal Pan Pizza Turkey Pepperoni Personal Pan Pizza PB & J Sandwich Carrot Sticks Side Salad</p>
<p>10 Pizza Cruncher Marinara Sauce Cup PB & J Sandwich Veggie Burger on WG Hamburger Bun Corn Side Salad</p>	<p>11 Breaded Drumstick Macaroni and Cheese Tuna Salad Saltine Crackers Hummus Plate Seasoned Greens Side Salad</p>	<p>12 Tangerine Chicken Brown Rice Deli Sandwich Falafel on Flat Bread Steamed Carrots Side Salad</p>	<p>13 Korean BBQ Beef Nachos Tuna Salad WG Bread, 2 slices Veggie Wrap Ranchero Pinto Beans Side Salad</p>	<p>14 Cheese Pizza Turkey Pepperoni Pizza PB & J Sandwich Carrot Sticks Side Salad</p>
<p>17 Presidents' Day Schools Closed</p>	<p>18 Breaded Chicken Patty Sandwich PB & J Sandwich Hummus Plate Corn Side Salad</p>	<p>19 Chicken Burrito Bowl Sour Cream Salsa Cup Deli Sandwich Falafel on Flat Bread Fiesta Taco Black Beans Side Salad</p>	<p>20 Chicken Broccoli Cavatappi Tuna Salad WG Bread, 2 slices Veggie Wrap Chopped Spinach Side Salad</p>	<p>21 Cheese Pizza Turkey Pepperoni Pizza PB & J Sandwich Carrot Sticks Side Salad</p>
<p>24 Chicken Cheese Steak Sub PB & J Sandwich Veggie Burger on WG Hamburger Bun Steamed Carrots Side Salad</p>	<p>25 Mild Boneless Wings Spicy Boneless Wings Macaroni and Cheese Tuna Salad Saltine Crackers Hummus Plate Vegetarian Beans Side Salad</p>	<p>26 Teriyaki Chicken Brown Rice Deli Sandwich Falafel on Flat Bread Broccoli Side Salad</p>	<p>27 Meatloaf Gravy Dinner Roll Tuna Salad WG Bread, 2 slices Veggie Wrap Rosemary Garlic Potatoes Side Salad</p>	<p>28 Cheese Pizza Turkey Pepperoni Pizza PB & J Sandwich Carrot Sticks Side Salad</p>

Daily Available Lunch Options

Milk Options:

1% White Milk, Fat Free White Milk, Fat Free Chocolate Milk, Fat Free Strawberry Milk

Seasonal Fresh Fruit
Apples, oranges, pears and bananas

All rolls, breads, and tortillas are made with whole grain.

Menu is subject to change.

Condiments

Milk

Lunch Daily Available Nutritionals

This institution is an equal opportunity provider.

School Year 19-20 Events

SAVE THE DATE For These Great Events!

<u>Event</u>	<u>Date and Time</u>
Parent Breakfast and Workshop	August 23 rd from 7:45 – 9:15 AM
Back to School Night	August 29 th at 5:00 PM
Furman Fit Fundraiser #1	September 12 th at 1:30 PM
PTO	September 17 th at 4:00 PM
Coca Cola Shoe Event	September 19 th
Parent Breakfast and Workshop	September 20 th from 7:45 – 9:15 AM
Literacy Night	September 26 th at 4:00 PM
Fall Fest	October 4 th
PTO	October 22 nd at 4:00 PM
Math Night	October 24 th at 4:00 PM
Parent Breakfast and Workshop	October 25 th from 7:45 – 9:15 AM
Parent's Night Out	November 7 th from 5:00 – 7:00 PM
Furman Fit Fundraiser #2	November 14 th at 1:30 PM
American Education Week	November 18 th – 22 nd
PTO	November 19 th at 4:00 PM
Holiday Family Lunch	November 21 st during lunches
Parent Breakfast and Workshop	November 22 nd from 7:45 – 9:15 AM
Financial Literacy Workshop	December 5 th from 5:00 – 7:00 PM
Entrepreneur Community Fair	December 7 th from 5:00 – 7:00 PM
Career Day	December 11 th all day
Parent Breakfast and Workshop	December 13 th from 7:45 – 9:15 AM
PTO	December 17 th at 4:00 PM
Polar Express Day	December 19 ^h all day
Family Yoga	January 9 th from 5:00 – 7:00 PM
Furman Fit Fundraiser #3	January 16 th at 1:30 PM
Parent Breakfast and Workshop	January 17 th from 7:45 – 9:15 AM
PTO	January 21 st at 4:00 PM
International Day	January 24 th all day
Black History Month	February – All Month Long
PTO	February 18 th at 4:00 PM
Parent Breakfast and Workshop	February 21 st from 7:45 – 9:15 AM
Read Across America Week	February 24 th – 28 th
Excellence Gala	February 27 th at 6:00 PM

Please Note: Any date and/or time changes will be made with as much notice as possible.



FURMAN L. TEMPLETON PREPARATORY ACADEMY
LEARN * LOVE * LIVE

School Year 19-20 Events

SAVE THE DATE For These Great Events!

<u>Event</u>	<u>Date and Time</u>
Mommy and Me	March 6 th from 5:00 – 7:00 PM
Furman Fit Fundraiser #4	March 12 th at 1:30 PM
Women's History Month Event	March 12 th all day
PTO	March 17 th at 4:00 PM
Parent Breakfast and Workshop	March 20 th from 7:45 – 9:15 AM
Pennies for Patients/Spirit Week	March 30 th – April 3 rd
Family Movie Night	April 2 nd from 5:00 – 7:00 PM
PTO	April 21 st at 4:00 PM
Earth Day Celebration	April 22 nd all day
Parent Breakfast and Workshop	April 24 th from 7:45 – 9:15 AM
Spring Family Dance	April 24 th at 5:00 PM
Teacher Appreciation Week	May 4 th – 8 th
Parent Workshop	May 7 th from 5:00 – 7:00 P
Parent Breakfast and Workshop	May 15 th from 7:45 – 9:15 AM
Spring Showcase	May 15 th at 5:00 PM
Furman Fit Festival	May 30 th at 10:00 AM
Field Day	June 5 th all day
Pre-K Graduation	June 10 th at 9:00 AM
5 th Grade Graduation	June 11 th at 9:00 AM

Intersessions and School Closings

<u>Event</u>	<u>Date</u>
Labor Day	September 2 nd
Early Release Day	September 4 th
Fall Intersession	October 7 th – 18 th
Early Release and Conference Day	November 4 th
Thanksgiving Break	November 27 th – 29 th
Early Release Day	December 4 th
Winter Intersession	December 20 th – January 3 rd
MLK Jr. Day	January 20 th
Early Release and Conference Day	February 5 th
Presidents' Day	February 17 th
Early Release Day	March 4 th
Spring Intersession	April 6 th – 17 th
Primary Election Day	April 28 th
Early Release Day	May 6 th
Memorial Day Break	May 22 nd – 25 th

School Year 19-20 Events

Important Dates for Report Cards and Progress Reports

<u>Event</u>	<u>Date and Time</u>
Quarter 1 Progress Reports Released	September 19 th
Quarter 1 Report Cards Released	October 31 st
Quarter 1 Report Card Conferences	November 4 th from 12:30 – 2:30 PM
Quarter 2 Progress Reports Released	December 5 th
Quarter 2 Report Cards Released	January 23 rd
Quarter 2 Report Card Conferences	February 5 th from 12:30 – 2:30 PM
Quarter 3 Progress Reports Released	February 27 th
Quarter 3 Report Cards Released	March 26 th
Quarter 3 Report Card Conferences	April 17 th from 12:30 – 2:30 PM
Quarter 4 Progress Reports Released	May 14 th
Quarter 4 Report Cards Released	June 15 th

Please Note: Any date and/or time changes will be made with as much notice as possible.



FURMAN L. TEMPLETON PREPARATORY ACADEMY
LEARN * LOVE * LIVE

School Year 19-20 CALENDAR



F. L. Templeton Preparatory Academy
Learn * Live * Love

2019 – 2020 Academic Calendar

July 2019						
S	M	T	W	T	F	S
	1	2	3	4	5	6
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30	31			

August 2019						
S	M	T	W	T	F	S
				1	2	3
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29	30	31

September 2019						
S	M	T	W	T	F	S
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30					

October 2019						
S	M	T	W	T	F	S
		1	2	3	4	5
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30	31		

November 2019						
S	M	T	W	T	F	S
					1	2
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	29	30

December 2019						
S	M	T	W	T	F	S
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
30	31					

Teacher Days: 0		July	Student Days: 0
1-31		Intercession Break I – School Closed	
4		Independence Day	
Teacher Days: 20		August	Student Days: 15
5		All Staff Report	
5-9		Professional Development (PD) – Staff Only	
12		School Opens for Students	
12		Qtr. 1 Begins	
Teacher Days: 20		September	Student Days: 20
2		Labor Day – School Closed	
4		Early Release Day for Students – Staff PD	
11-17		Progress Report Card – Distribution Window	
Teacher Days: 15		October	Student Days: 13
7-18		Intercession Break II – School Closed	
17-18		Professional Development (PD) – Staff Only	
28		Qtr. 1 Ends	
29		Qtr. 2 Begins	
29-31		Report Card – Distribution Window	
Teacher Days: 18		November	Student Days: 18
1-4		Report Card – Distribution Window	
4		Early Release Day for Students –	
		Report Card Conference Day	
27		Intercession Day – School Closed	
28-29		Thanksgiving Holiday – School Closed	
Teacher Days: 14		December	Student Days: 14
2-6		Progress Report Card – Distribution Window	
4		Early Release Day for students – Staff PD	
20		Intercession Day – School Closed	
23-31		Winter Break – School Closed	
25		Christmas Day	
Teacher Days: 20		January	Student Days: 19
1		New Year's Day – School Closed	
2-3		Intercession Break III – School Closed	
3		Professional Development (PD) – Staff Only	
17		Qtr. 2 Ends	
20		Martin Luther King Jr. Day – School Closed	
21		Qtr. 3 Begins	
21-27		Report Card – Distribution Window	
Teacher Days: 19		February	Student Days: 18
5		Early Release Day for Students – Report Card	
		Conference Day	
14		Professional Development (PD) – Staff Only	
17		Presidents' Day – School Closed	
24-28		Progress Report Card – Distribution Window	
Teacher Days: 22		March	Student Days: 22
4		Early Release Day for Students – Staff PD	
25		Qtr. 3 Ends	
26		Qtr. 4 Begins	
26-31		Report Card – Distribution Window	
Teacher Days: 12		April	Student Days: 11
1		Report Card – Distribution Window	
6-13		Spring Break – School Closed	
14-17		Intercession Break IV – School Closed	
17		Professional Development (PD) – Staff Only	
28		Primary Election – School Closed	
Teacher Days: 19		May	Student Days: 19
6		Early Release Day for Students – Staff PD	
11-15		Progress Report Card – Distribution Window	
22		Intercession Day – School Closed	
25		Memorial Day – School Closed	
Teacher Days: 11		June	Student Days: 11
15		Qtr. 4 Ends	
15		Last Day of School – If NO Inclement Weather –	
		Early Release Day for Students – Full Day for Staff	
Inclement Weather Days			
#1 – Monday, February 17, 2019		#5 – Wednesday, June 17, 2019	
#2 – Monday, April 6, 2019		#6 – Thursday, June 18, 2019	
#3 – Tuesday, April 7, 2019		#7 – Friday, June 19, 2019	
#4 – Tuesday, June 16, 2019		#8 – Monday, June 22, 2019	
Total Teacher Days: 190		Total Student Days: 180	

January 2020						
S	M	T	W	T	F	S
			1	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30	31	

February 2020						
S	M	T	W	T	F	S
						1
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	29

March 2020						
S	M	T	W	T	F	S
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30	31				

April 2020						
S	M	T	W	T	F	S
			1	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30		

May 2020						
S	M	T	W	T	F	S
					1	2
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	29	30
31						

June 2020						
S	M	T	W	T	F	S
	1	2	3	4	5	6
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30				