

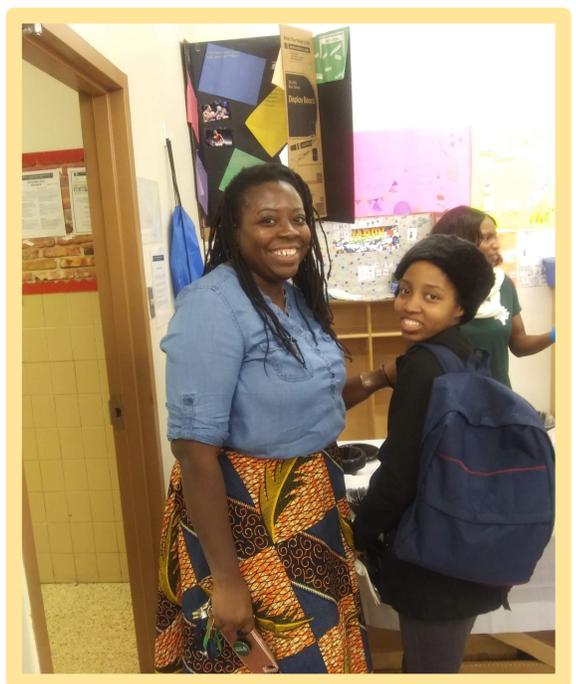
Dr. Evelyn Perry
Principal

Ladaisha Ballard
Assistant Principal

Rosalind Lockwood
Executive Director

Wanda Best
Board President

Paint Night Event at Furman L. Templeton Preparatory Academy



FURMAN L. TEMPLETON PREPARATORY ACADEMY
LEARN * LOVE * LIVE



Look What's New In This Month's Issue!

Furman L. Templeton Preparatory Academy
1200 Pennsylvania Avenue,
Baltimore, MD 21217
furmantempletonprepacademy.com



- ★ **Vision & Mission Statement.....Pages 3-4**
FLT's Mission & Vision Statement, Important Dates, Principal says
- ★ **Core Values.....Pages 5**
FLT's Core Value of the month
- ★ **Content Update & Tips.....Page 6-7**
Academic Content
Health/Wellness, & More
- ★ **Special Recognitions/FLT News.....Pages 8-9**
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FLT Clubs
- ★ **Attendance Updates.....Page 10**
Attendance Updates, Goals, & Tips
- ★ **Community School News.....Pages 11-12**
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Events & Parent Breakfast Schedule
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Community Resources, Upcoming Events, & More



Like Us On Facebook:
Furman L. Templeton Preparatory Academy



Follow Us On Twitter @FLTprepacademy



Follow Us on Instagram @FLTtempleton

Furman L. Templeton Preparatory Academy

Our Mission

To accelerate the opportunities and outcomes for our children by demanding nothing but excellence from the students, staff, and the community.

Our Vision

Accelerating the academic achievement of all students, in partnership with the entire community, to ensure that students have the attitudes, skills, and proficiencies needed to succeed in college and in the 21st century global workforce.

Important Dates

- **December 2-6th** : Progress Report Card Distribution Window
- **December 4th**: Early Release Day for Students / Professional Development
- **December 7th**: B-LIT Entrepreneur Fair
- **December 13th**: Parent Breakfast/ Workshop
- **December 17th**: Parent Voice Meeting
- **December 20th**: Intersession Day- School Closed
- **December 23-31**: Winter Break- School Closed
- **December 25th**: School Closed- Christmas

The complete 19-20 SY Calendar with important dates may be found towards the end of this newsletter

Parent Information

PARENT



December 13 , 2019
8:45 am - 9:45 am
Cafeteria

Next PTO Meeting:
December 17 , 2019
FLT PAC Room @4pm

For more parent information check out the resource guide at the end of the newsletter and the parent engagement corner next to the main office.

Parent Breakfast

December 13, 2019
7:45 am - 8:45 am
Cafeteria

Principal Says

Greeting Parents/Guardians of FLT Students:

Can you believe it! We have finished 15 weeks of school minus Intersession Break! Christmas is approximately 2-weeks away. The year 202 is just around the corner. As I think about the new year, I often wonder what will life be like for our children 20 years from now; or, even 5 years from now?

None of us can predict their future but we can help to prepare them for it. One of our first duties is to raise children with character and integrity. Many parents say that honesty is the quality they most want to teach their children; but, how do you raise an honest child? Here are some tips from an article titled, *12 Tips for Raising and Truthful Child*, by Charity Ferreira.



Brace yourself for the cold, hard truth: all kids lie. They do it for many of the same reasons adults do: to avoid getting into trouble, to avoid hurting another person's feelings, or to make themselves look better. The ability to tell a lie develops early — as young as 2½ for some kids — and it's a normal and important stage of kids' cognitive and social development. By age 4, all kids lie; by age 6, some estimates are that kids lie as often as once an hour. (And if you're thinking, 'Not my kid!' note that research shows parents score little better than chance in determining [whether or not their child is telling a lie!](#))

Model Honesty

It sounds obvious, but if you don't want your kids to lie to you, don't lie to them, and don't let them hear you telling lies. "It's one thing to say to kids that honesty is important, but then if they see you lying, it sends a mixed message.

Don't Reward the Lie

When your child lies, there's a reason — they're seeking something. And if they get it, that can reinforce lying as an effective strategy; so, if you notice that your younger child always fabricates a story about getting hurt at school as soon as your older child starts telling you about their day, it might be an attention-seeking behavior. When a child lies, figure out what dynamic may be going on. Are there ways you can ignore the lie so they don't get the reward? Can they get what they're wanting in some other way?"

Catch Them Being Honest

We often catch kids in lies, says Talwar, but if we want to teach them to value honesty, we need to look for opportunities to acknowledge when they tell the truth, especially in situations where it might have been easier for them to lie. When your child tells you the truth about something they've done, take a moment to show that you appreciate their honesty by saying, "I'm really glad you told me the truth."

Say Truth-Telling Makes You Happy

Young children, under the age of 8 or so, are very motivated to please authority figures, says Talwar. Her research shows that telling kids that you'll be happy with them if they tell the truth increases the likelihood they'll be straight with you. Tweens and teens, she notes, tend to care somewhat less about pleasing authority figures and more about their own internal sense of what's right. (Another study found that telling 9- to 11-year-olds that they would feel good about themselves if they told the truth decreased the chances they would tell a lie.) At all ages, look for opportunities to make your child feel good about being trustworthy.

Ask For a Promise

If you need a straight answer about something you're concerned about, such as an incident at school, asking your child to promise to tell you the truth before asking them a question increases the chances that they will, studies suggest. But note that this strategy is not a guarantee, and it should be used sparingly so that you don't wear it out.

Don't Set Them Up

Particularly for [preschool-aged kids, one way to deter lying](#) is simply by not inviting them to. When you see your child with a juice-stained lip and an overturned bottle on the table, there's no need to ask, "Did you spill this juice?" Kids this age will lie out of a desire to avoid getting into trouble. If you know they did it, don't ask! If you ask, you're giving them the option to lie so they lie, and then you get upset about that, and now there's two things where there used to be only one.

"Looks like you spilled some juice. Let's clean it up together," keeps things focused on the issue at hand. And if you're not sure who broke the vase, or which sibling is lying about it, go straight to the consequence. Don't engage with the question of did they break it or which child broke it. Focus on what you want accomplished. 'We have a mess here. I'm asking you both to clean it up.' You're showing them that there's no positive consequence for denying responsibility.

As we enter the 2020 new year, let's remember that our role as parent is the most important role of our lifetime. We have to try hard to get this "parenting thing" as right as we can. If we teach and inculcate the right values in our kids today, we have hope for a brighter future; we have hope for a better world, a world in which our children and grandchildren can live in peace and harmony.

Peace and Love!
Dr. Evelyn Perry, Principal

Core Value of the Month

This month's core value is integrity. Integrity is the quality of being honest and having strong moral principles. A person with strong moral principles is a person that thinks often about right and wrong and works to try their best in acting in the right way. How does integrity translate itself throughout the classrooms and overall building at Furman? As some of you know, we serve students in grade Pre-K through 5th grade. These are fun and exciting ages; however, it can also be challenging because students are still learning the difference between right and wrong and how to make the best decisions possible as young thinkers. As adults, we are all actively modeling behavior that show students the difference between right and wrong and the importance of doing the right thing.



Integrity: the quality of being honest and having strong moral principles; moral uprightness.

Ways to Show Integrity

- Always tell the truth
- Do not destroy property
- Have courage
- Keep your promises
- Do not cheat
- Treat others as you want to be treated
- Do not judge
- Be dependable
- Be forgiving
- Have integrity
- Take responsibility for your actions
- Have patience
- Be loyal
- Have respect for yourself and others
- Be tolerant of differences
- Seek justice
- Have humility
- Be generous



9 Ways to Grow Your Child's Integrity

1. Articulate family values. What are your family values? ...
2. Develop a moral vocabulary. ...
3. Reward respectful behavior. ...
4. Explore consequences. ...
5. Respond appropriately. ...
6. Be a role model. ...
7. Teach digital etiquette. ...
8. Share meaningful stories.
9. Instill Self-Efficacy

INTEGRITY
IS CHOOSING
YOUR ACTIONS
BASED ON VALUES
RATHER THAN
PERSONAL GAIN.

Academic Content

Revisiting i-Ready

We are in the middle of the second window of the i-Ready Assessment. What Is i-Ready? i-Ready is an online program for reading and/or mathematics that will help your child's teacher(s) determine your child's needs, personalize their learning, and monitor progress throughout the school year. I-Ready allows your teacher(s) to meet your child exactly where they are and provides data to increase your child's learning gains. i-Ready consists of two parts: Diagnostic and Instruction. The i-Ready Diagnostic is an adaptive assessment that adjusts its questions to suit your child's needs. Each item a student sees is individualized based on their answer to the previous question. For example, a series of correct answers will result in slightly harder questions, while a series of incorrect answers will yield slightly easier questions. i-Ready Instruction provides students with lessons based on their individual skill level and needs, so your child can learn at a pace that is just right for them. These lessons are fun and interactive to keep your child engaged as they learn.

Tips to Support My Child's Learning

- Speak with your child about how using i-Ready will help them prepare for class work. Also explain that i-Ready will show teachers where your child is doing well and which topics need some more review.
- Encourage your child to take each lesson and quiz question seriously. Emphasize “thinking before clicking,” because just clicking through will not give teachers an accurate report of what your child knows.
- Encourage your child to use the tools that appear at the bottom of the screen in some lessons.
- Help your child identify and become familiar with the different parts of the student dashboard. For more about the student dashboard, see below.
- Track and celebrate your child's progress. (Your child should aim for 45 minutes of i-Ready Instruction per subject per week and maintain a range of 30–49 minutes of Online Instruction while passing at least 70 percent of lessons. Your child's school may have varying guidance.)
- Contact your child's teacher about how often your child should practice at home, or with any other questions about i-Ready.

Content Update

Illuminating Intervention

It is hard to believe that students have been attending intervention for almost 3 months already! This month the students take their next i-Ready assessment. It will be exciting to see how much progress the students have made thus far.

This time of year, it is easy for some to begin to lose focus. However, it is important to stay the course to continue to growth. If your child is part of the intervention program (reading, math, or Reading Partners), please check in with them to continue to encourage them to do their best work. Ask them what they are learning, how they are doing, and what they are looking forward to during their next session.

If you would like to know more about how to support your child at home, do not hesitate to ask! Mrs. Benton is available by email at klbenton@bcps.k12.md.us during her leave.



Wellness Watch

This month includes holiday parties and lots of holiday fun for most people. It is easy to over-eat and over indulge this time of year. Keep these items in mind to help have a happy, safe, and healthy holiday!

1. Don't try to diet during the holidays. Set a goal of trying to maintain your present weight. That way, you have a realistic goal. You allow yourself to indulge here and there, but you don't go over the edge.
2. Pace, don't race. Pay attention to how quickly you eat and exactly what you eat and drink. Savor the flavor by eating slowly and choosing your food carefully
3. Make the effort to continue a regular exercise program. Exercise will help keep extra calories away, but it also can reduce the stress of social events and family get-togethers.
4. Don't go to a party or event on an empty stomach. Before going out, snack on protein, like chicken or cottage cheese. Protein satisfies and helps you eat less. Some people have the idea that if they skip lunch, or don't eat all day, they can eat more later, but skipping meals means you're hungry, and your chances of overeating later are much higher.
5. Keep an eye on your portion sizes. In the heat of celebration, portion sizes can be excessive. Instead of eating a large amount of food, try to eat a large variety of foods.
6. Don't let a hectic holiday schedule force you to eat fast food. Prepare and freeze several quick, healthy meals. That way, you have an option other than high-fat, fast-food meals.
7. When the party is at your house, put low-calorie and fat-free salad dressings on the menu. Pack the table with flavorful vegetable dishes, and make reduced-fat versions of your family's favorite traditional dishes.
8. Make decisions about what you're going to eat. Weight management is all about moderation and making healthy decisions.
9. Monitor your children's screen time. When the weather is cold, it is easy to curl up and watch tv or play on tablets all day. Doing so is not good for your eyes or your brain. Set a screen time limit each day and encourage your children to play other games or toys when their screen time is up!
10. Sometimes the holidays are busier than a normal work/school week. Remember to carve out at least an hour or two of your day each day to relax and unwind. Your mind needs it for a reset and your body will appreciate it too!

Special Recognitions



Pre- K

1. Jahlil Powell
2. Layla Harris

Kindergarten

1. Montrey Watson
2. Zimera Williams
3. Kaiden Love

1st Grade

1. Racheal Little
2. Karter McLaurin
3. Charlie Johnson

2nd Grade

1. Zy'ion Crawley
2. Ashton Cox
3. Daylee Chase

3rd Grade

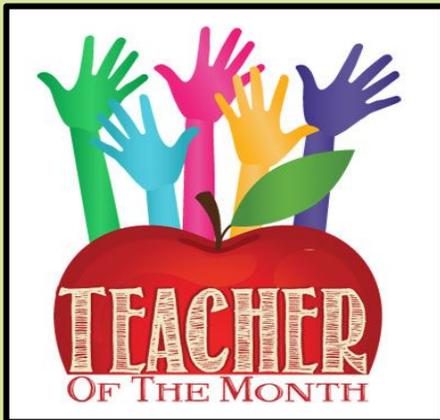
1. Donta Davis
2. Aariyana Brown
3. Khloe Harris

4th Grade

1. Trinity McNeal
2. Johnathan Howard
3. Dominic Forbes
4. Makaliah Smith
5. Jaiden Alston

5th Grade

1. Jerriemiah Jackson
2. Rah'Myah McNeil
3. J'Hara Bright
4. Muniyr Ford
5. Ryan Steele
6. Harrlum Gordon
7. Treyvon Conyers
8. Jameel Tucker



Brittany Henry



Earlene Brown



Tricia Arkoi Decatus

FLT NEWS

School Information

Breakfast Start Time: 7:30 a.m. (New time)

School Start Time: 7:45 a.m.

Dismissal Time: 2:25 p.m.

- Pre-k to 1st grade pickup location: Blacktop behind brick wall on Pennsylvania Ave
- 2nd to 5th grade pickup location: Black top near basketball court off of Dolphin St

NOTE: We DO NOT follow the BCPS Early Release Days newly scheduled for SY 19/20.

- No early dismissals after 2:00 p.m.
- Must show i.d. to enter school building
- School-wide uniform: Khaki pants/short/skirt, Navy blue (or white) polo style top (or button up shirt) and closed-toe shoes
- No double parking



FLT Clubs

Choir Club will be starting on Friday 9/6/19- during school clubs, the after-school practices has begun. All children who want to participate in the school choir club should also sign-up for the Child First After School Program. This year the program will be co-lead by Mrs. Rose and Mrs. Davis.



Hooked on Books	Line Dancing
Jewelry Making	Boot Camp
Play Doh	Checkers
Puzzle Club	Pattern Blocks
Health and Fitness	Recycling Club
Comic Book Club	Chess Club
Makerspace	Yoga/ Mindfulness



Attendance Updates

Attendance Plans

Tardy Program

Objective: Reduction of tardiness of students w/10+ tardy in a month to 5 or less tardy in a month.

Perfect Attendance Incentive

Plan: Each homeroom class has developed their own attendance plan and an incentive program. Talk to your child's homeroom teacher for details on what the attendance plan, so that your child can earn the incentive.



Attendance Percentages

FLT is serious about attendance. Our talented staff cannot teach unless students attend school. There is a district-wide focus on student attendance. Again this year, there will be mandatory hearings at school headquarters for the parents of students with poor attendance. Each month the newsletter will include this chart so students and parents can review attendance averages. Parents track your student's daily attendance.

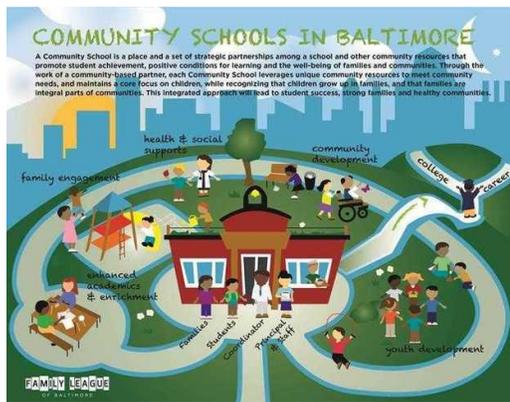
FLT's Attendance Goal: 94.0%

Grade	November Attendance
FLT Avg.	87.65%
Pre-K	86.74%
K	82.90%
1	91.20%
2	86.67%
3	90.12%
4	87.81%
5	88.70%

Community School News

Partnerships at FLT

- Child First
- B'More for Healthy Babies
- Arts Every Day
- Reading Partners
- YMCA
- New Fit Sports Program
- ElmSeed Foundation
- Little Flowers



- Promise Heights
- Leveling the Playing Field
- Breath Mobile
- Greater Baltimore Urban League
- MD Food Bank
- Chicago Parent

For more information Contact:
Meaghan Tine, LMSW
Community School Coordinator

Partnership Highlight

The Promise Heights Team would like to say thank you to the Furman I. Templeton staff and partners who for their generosity and donations to help our families over the winter holiday!

Thank you to Furman Staff for your donations for the christmas baskets, to support some families in need.

We would like to especially thank Pennsylvania Ave AME Church for donating 113 hats/ glove sets for our student here at Furman.

Thanks to your acts of kindness we are able to help students and their families during this holiday season. We would not be able to make such an impact without you!



Community School News

The Promise Heights Team at FLT

Meaghan Tine, Community School Coordinator

410-207-3602

MTINE@ssw.umaryland.edu

Linda Callahan, Early Childhood Mental Health Consultant

401.207.3664

Linda.callahan@ssw.umaryland.edu

Nikea Taylor, Early Childhood Assistant

443-930-0170

nikea.taylor@ssw.umaryland.edu

Latoria Mackey, Activate Site Coordinator

443- 813- 1522

latoria.mackey@ssw.umaryland.edu



PROMISE HEIGHTS
Where Hope Takes Root

Stormi Lynn, Parent Leader

Cynthia Banks, Parent Leader

Dominique Robinson, Parent Leader

Promise Corps

We have experienced AmeriCorps working here at FLT. Their mission is to address absences and provide supports and services to students and families.

- Dozetta Lewis, Student Services Coordinator
- Maoti Gborkrquellie, Student Services Coordinator
- D'Marcus Warrick-McPherson, Student Services Coordinator



Mental Health Team Updates:

The mental health team started observing and servicing their caseloads. We sponsored the training on the Sanford Harmony Social Emotional Learning Curriculum and met with teachers to discuss individual cases as well. Additionally, the DOPE Girlz mentoring program had their parent orientation and started their program, there may still be spots available for interested girls in grades 3rd-5th. Finally, our C&C Advocacy boys mentoring program has begun for boys in 2nd-5th grade.

If you are interested in any of these available programs and or have other questions for your child's mental health please contact Mrs.Rose at the school.

If you feel your child is in need of additional mental Health Services you can contact Mrs. Rose (room 207) 410-396-0882 to set up and meeting and referral.

FLTPA EVENTS

Events

Event Title	Event Details
B. L.I.T. Entrepreneur Workshop & Fair	December 7, 2019 12pm-4pm Auditorium/Lobby
Parent Breakfast & Workshop	December 13, 2019 7:45 a.m. - 8:45 a.m. Cafeteria
H.E.A.R.T. Market	December 12, 2019 1:30 p.m. - 3:15 p.m. Auditorium Lobby
Parent Voice (PTO)	December 17, 2019 4:00 p.m. - 5:00 p.m. PAC Room

Parent Breakfast /Workshop Schedule SY 19/20

Date	Theme	Location
December 13th	Financial Freedom	Cafeteria
January 17th	Stress Relief	Cafeteria
February 21st	Resilience, Trauma, and Black Mental Health	Cafeteria
March 20th	Raising Strong Women	Cafeteria
April 24th	Healthy Living	Cafeteria
May 15th	Summer Fun and Safety	Cafeteria

Resource Guide

1. Workshop & Upcoming Event Flyers

- Treasures Of the Month
- Parent Breakfast/ Workshop
- PTO Meeting; Parent Voice
- Parent Consignment Shop
- Parent Punch Card
- Curbside Courtesy

2. Clubs & Organizations

- Center For Urban Families

3. Menus

- Breakfast Menu
- Lunch Menu

4. 19-20 School Year Events & Calendar



Treasures of the Month

December 4th

Early Release Day

December 7th

B. L. I. T. Conference

December 12th

H.E.A.R.T. Market

December 13th

Parent Breakfast

December 17th

Parent Voice Meeting

December 20th

Intersession Break

December 23rd - 31st

Winter Break

SEASON'S GREETINGS

PARENT BREAKFAST & WORKSHOP

LET'S DRINK HOT COCOA AND
DISCUSS..

DECEMBER 13
7:45 AM
CAFETERIA

HAVE A HAPPY HOLIDAY!

FURMAN L. TEMPLETON PREPARATORY ACADEMY
LEARN * LOVE * LIVE



PROMISE
HEIGHTS

FURMAN L. TEMPLETON PRESENTS...

Parent Voice

Join us and let your voice be heard!

DECEMBER 17TH
4:00-5:00 IN THE EVENING
IN THE PAC ROOM



THE FURMAN B-L-I-T.

BUSINESS - LEADERS IN TRAINING

**ENTREPRENEUR &
RESOURCE FAIR
ALL-DAY VENDOR FAIR
& WORKSHOPS**

**Be Your
Own
Boss!**



**SELL.
LEARN.
GROW.**

**DECEMBER 7, 2019
9AM-4PM**



PARENT CONSIGNMENT SHOP

OPEN AT EVERY HEART MARKET

**COME COLLECT YOUR
VOLUNTEER REWARDS!**

FLT PARENT PUNCH CARD

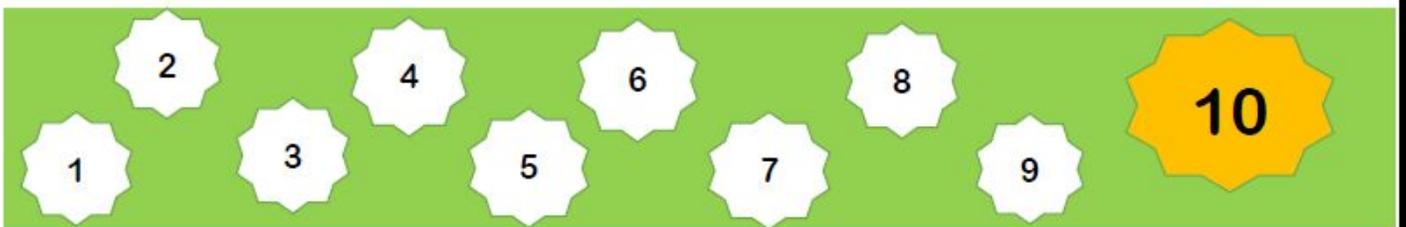


FURMAN L. TEMPLETON PREPARATORY ACADEMY
LEARN * LOVE * LIVE



Furman L. Templeton Parent Punch Card
We love our parents at FLT, thank you for all that you do!

Get 1 punch every time you are involved, get 10 punches to earn a reward!



NOW AVAILABLE!

GO TO THE P.A.C. TO GET YOUR CARD
TODAY

FURMAN L. TEMPLETON PREPARATORY ACADEMY
LEARN * LOVE * LIVE

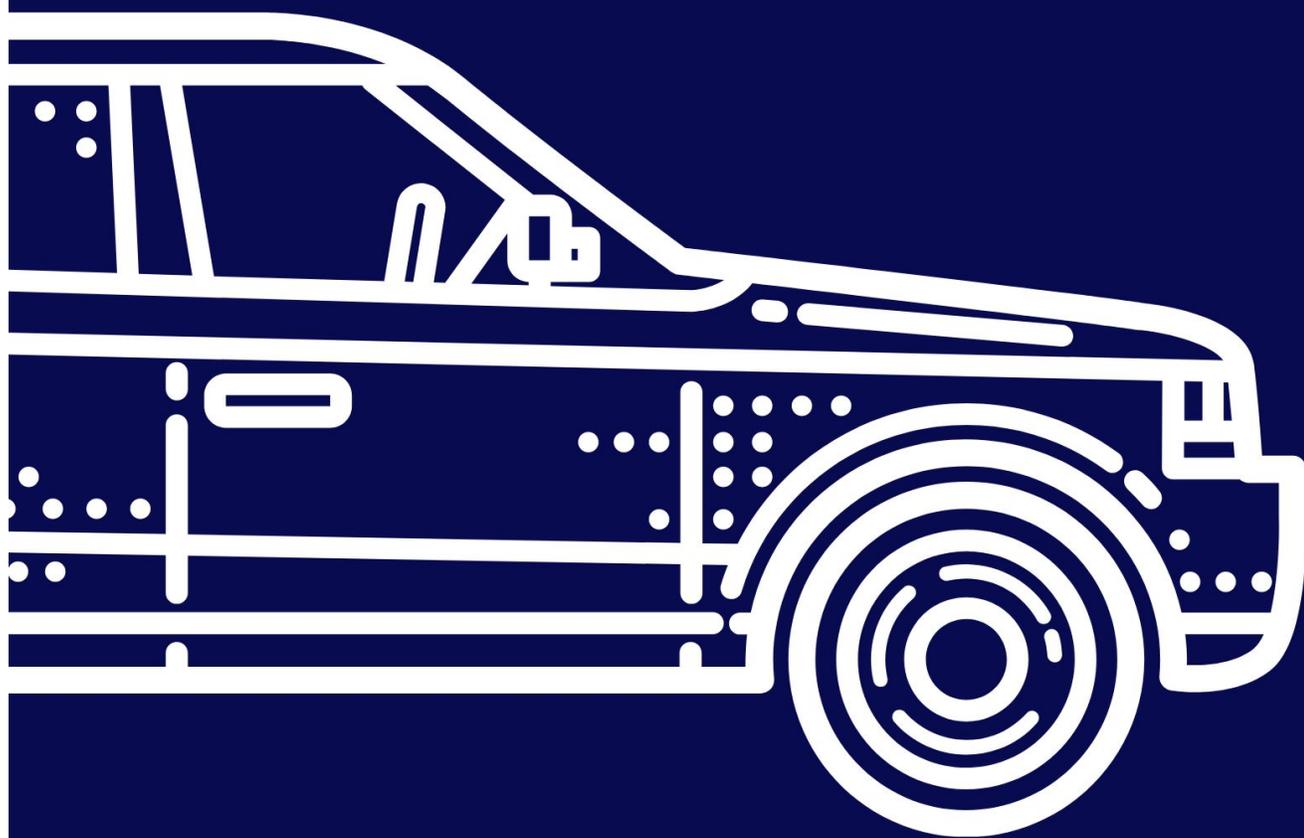


PROMISE HEIGHTS
Where Hope Takes Root

Curbside Courtesy
Now Open
Mondays & Fridays

7:45AM - 8:15AM

NOT OPEN ON DAYS OF PARENT BREAKFAST OR SCHOOL DELAYS





WHAT
MADE
YOU
PROUD
TODAY?



NOW RECRUITING!

(*The first 50 persons enrolled will receive a \$25 gift card.)

BALTIMORE RESPONSIBLE FATHERHOOD PROJECT

is a 90 day program designed to increase father's emotional and financial support of their children and families. Potential members must be 18 years of age, reside in Baltimore City and have a child or children age 17 and under. Custodial and noncustodial fathers, mothers, uncles and father figures are welcomed to enroll.

SOME PROGRAM BENEFITS INCLUDE:

- ✓ CHILD SUPPORT REDUCTION
- ✓ JOB/CAREER RESOURCES
- ✓ CO-PARENTING STRATEGIES
- ✓ INCENTIVES UP TO \$200

These services are available to all eligible persons, regardless of race, gender, age, disability, or religion. Funding for this project was provided by the United States Department of Health and Human Services, Administration for Children and Families, Grant: # 90FK0085-01-00.

“Before coming to CFUF I felt stagnant, like I wasn't living up to my potential as a father and a man. Now my relationships are strong, I have a career I enjoy and I'm working toward getting a house for my family.”

Jarrell A., BFRP '16



WALK IN TODAY!
CALL/TEXT 443-790-4491

Center for Urban Families
2201 North Monroe Street
Baltimore, MD 21217

Walk-in hours: Mon-Fri, 9:00 a.m. – 4:30 p.m.



WHAT IF YOU COULD CHANGE YOUR LIFE IN THREE WEEKS?

STRIVE is more than a job training program. It's an opportunity to move beyond what's holding you back in life -- with the support of coaches and peers who've been **EXACTLY** where you are today.

Here are just some of the **FREE SERVICES** we offer:

- Job training + placements
- Career path mentoring
- Attitudinal coaching
- GED classes/testing
- Occupational certifications
- Programs for fathers/couples
- Supportive services to keep you on track!

STRIVE
PREPARED
TO WORK
DETERMINED
TO SUCCEED

NOW ENROLLING!

Walk in today. Or call 410-EMPLOY-1.

2201 N. Monroe St. Baltimore, MD 21217 | Walk-in hours: 9 AM-3 PM

STRIVE is a
program of...



YOUR FUTURE JUST GOT BRIGHTER.



Are you a male or female, age 18-24, who's had a brush with the law and is struggling to finish school, find a good job or just transition back into the real world?

We believe in your potential and can help you get on the **PATH TO SUCCESS.**

AS A STRIVE FUTURE LEADER YOU WILL RECEIVE:

- Career path mentoring
- Job readiness training
- Job and/or educational placement assistance
- GED prep/testing
- Homework help/tutoring
- Access to industry recognized certifications
- PAID internships
- Service learning projects
- Ongoing support to keep you on track...

NOW ENROLLING!

WALK IN FOR MORE INFO:

Mon-Fri, 9 AM to 3 PM
2201 N. Monroe Street
Baltimore, MD 21217

OR CONTACT:

Kate Wolfson
kwolfson@cfuf.org
410-246-1377

STRIVE Future Leaders
is a program of...



This work product was funded by a grant awarded by the U.S. Department of Labor's Employment and Training Administration. The product was created by a Sub-recipient or a contractor and does not necessarily reflect the official position of the U.S. Department of Labor. The Department of Labor makes no guarantees, warranties, or assurances of any kind, express or implied, with respect to such information, including any information on linked sites and including, but not limited to, accuracy of the information or its completeness, timeliness, usefulness, adequacy, continued availability or ownership. This product is copyrighted by the institution that created it.



YOU'RE JUST 16 FREE DATE NIGHTS AWAY FROM A STRONGER RELATIONSHIP.

COUPLES ADVANCING TOGETHER (CAT) is an 8-week program designed to strengthen families by giving parents the time and tools needed to build healthy, committed relationships and stable households.

Our expert trainers (who happen to be a power couple themselves) will help you grow as partners in:

- ♥ COMMUNICATION ♥ FINANCES ♥
- ♥ TRUST PARENTING ♥ AND
- ♥ INTIMACY MORE!

Each CAT session includes a **catered meal** served family style with table linens, sophisticated conversation and date-night decor. (Fancy, huh?)

Plus, licensed childcare + **door-to-door** transportation. And a **\$150 stipend** per couple upon CAT completion.

SIGN UP TODAY!

WALK IN FOR MORE INFO:

*Mon-Fri, 9 a.m. to 3 p.m.
Center for Urban Families
2201 N. Monroe Street
Baltimore MD 21217*

OR CONTACT:

*Latoya Felder
lfelder@cfuf.org
443-404-4414
410-367-5691*

Same-sex couples welcome!

BREAKFAST MENU

December

Elementary & Middle Traditional Breakfast Menu

2019

BALTIMORE CITY
PUBLIC SCHOOLS

Monday	Tuesday	Wednesday	Thursday	Friday
2 Oatmeal Breakfast Bun Assorted Cold Cereal Graham Crackers Peach Cup	3 Turkey Sausage Breakfast Pizza Assorted Cold Cereal Graham Crackers Peach Cup Fresh Orange	4 Peach & Raspberry Yogurt Crunchy Granola Clusters Assorted Cold Cereal Graham Crackers Mixed Fruit Cup Banana	5 Chicken Sausage & Egg Breakfast Sandwich Assorted Cold Cereal Graham Crackers Banana Pear	6 Cinnamon Glazed French Toast Assorted Cold Cereal Graham Crackers Assorted Fresh Fruit
9 Pancake Chicken Sausage Patty Syrup Assorted Cold Cereal Graham Crackers Peach Cup Ginger Gold Apple	10 Turkey Sausage Breakfast Pizza Assorted Cold Cereal Graham Crackers Peach Cup Fresh Orange	11 Plain Bagel Cinnamon Raisin Bagel Assorted Cold Cereal Graham Crackers Mixed Fruit Cup Banana	12 Chicken Breakfast Fillet Biscuit Assorted Cold Cereal Graham Crackers Banana Pear	13 Strawberry Banana Yogurt Assorted Cold Cereal Graham Crackers Assorted Fresh Fruit
16 Oatmeal Breakfast Bun Assorted Cold Cereal Graham Crackers Peach Cup Ginger Gold Apple	17 Turkey Sausage Breakfast Pizza Assorted Cold Cereal Graham Crackers Peach Cup Fresh Orange	18 Peach & Raspberry Yogurt Crunchy Granola Clusters Assorted Cold Cereal Graham Crackers Mixed Fruit Cup Banana	19 Chicken Sausage & Egg Breakfast Sandwich Assorted Cold Cereal Graham Crackers Banana Pear	20 Cinnamon Glazed French Toast Assorted Cold Cereal Graham Crackers Assorted Fresh Fruit
23 Winter Break Schools Closed	24 Winter Break Schools Closed	25 Winter Break Schools Closed	26 Winter Break Schools Closed	27 Winter Break Schools Closed
30 Winter Break Schools Closed	31 Winter Break Schools Closed	<p>Students must select at least 3 food items.</p> <p>One item must be a serving of fruit or vegetable.</p>		

Options Available Daily at Breakfast:

Cold Cereal Options-

Apple Cinnamon Cheerios, Multi-Grain Cheerios, Original Cheerios, Cinnamon Toast Crunch, Golden Grahams, Honey Kix

1% White Milk, Fat Free White Milk

Menu subject to change

Daily Available Breakfast Nutritionals

Breakfast Condiments

Milk

This institution is an equal opportunity provider.

LUNCH MENU

December

ELEMENTARY/MIDDLE LUNCH MENU



2019

BALTIMORE CITY
PUBLIC SCHOOLS

Monday	Tuesday	Wednesday	Thursday	Friday
2 Hamburger on Bun Cheeseburger on Bun PB & J Sandwich Veggie Burger on WG Hamburger Bun Oven Fries Side Salad	3 Breaded Drumstick Tuna Salad Saltine Crackers Vegetable rice Seasoned Greens Hummus Plate Side Salad	4 Sloppy Joe on Hamburger Roll Tuna Salad WG Bread, 2 slices Falafel on Flat Bread Steamed Carrots Side Salad	5 Chicken Burrito Bowl Sour Cream Deli Sandwich Veggie Wrap Fiesta Taco Black Beans Side Salad	6 Cheese Pizza Turkey Pepperoni Pizza PB & J Sandwich Carrot Sticks Side Salad
9 Breaded Cheese Sticks Marinara Sauce Cup PB & J Sandwich Veggie Burger on WG Hamburger Bun Corn Side Salad	10 Steak Sub on WG Roll Cheese Steak Sub Tuna Salad Saltine Crackers Hummus Plate Roasted Butternut Squash Side Salad	11 Tangerine Chicken Brown Rice Deli Sandwich Falafel on Flat Bread Broccoli Side Salad	12 WG Chicken Tender Honey Mustard Cup Dinner Roll Tuna Salad WG Bread, 2 slices Veggie Wrap Vegetarian Beans Side Salad	13 Cheese Pizza Turkey Pepperoni Pizza PB & J Sandwich Carrot Sticks Side Salad
16 Breaded Chicken Patty Sandwich PB & J Sandwich Veggie Burger on WG Hamburger Bun Vegetarian Beans Side Salad	17 Spiral Rotini w/Italian Meat Sauce Tuna Salad WG Bread, 2 slices Hummus Plate Broccoli Side Salad	18 Chicken Cheese Steak Sub Deli Sandwich Falafel on Flat Bread Steamed Carrots Side Salad	19 Sliced Turkey Gravy Stuffing, WG PB & J Sandwich Veggie Wrap Glazed Sweet Potatoes Seasoned Greens Side Salad	20 Cheese Pizza Turkey Pepperoni Pizza PB & J Sandwich Carrot Sticks Side Salad
23 Winter Break Schools Closed	24 Winter Break Schools Closed	25 Winter Break Schools Closed	26 Winter Break Schools Closed	27 Winter Break Schools Closed
30 Winter Break Schools Closed	31 Winter Break Schools Closed			

Daily Available Lunch Options

Milk Options:

1% White Milk, Fat Free White Milk, Fat Free Chocolate Milk, Fat Free Strawberry Milk

Seasonal Fresh Fruit

Apples, oranges, pears and bananas

All rolls, breads, and tortillas are made with whole grain.

Menu is subject change.

Milk

Daily Condiment Offerings

Lunch Daily Available Nutritionals



This institution is an equal opportunity provider.

School Year 19-20 Events

SAVE THE DATE For These Great Events!

<u>Event</u>	<u>Date and Time</u>
Parent Breakfast and Workshop	August 23 rd from 7:45 – 9:15 AM
Back to School Night	August 29 th at 5:00 PM
Furman Fit Fundraiser #1	September 12 th at 1:30 PM
PTO	September 17 th at 4:00 PM
Coca Cola Shoe Event	September 19 th
Parent Breakfast and Workshop	September 20 th from 7:45 – 9:15 AM
Literacy Night	September 26 th at 4:00 PM
Fall Fest	October 4 th
PTO	October 22 nd at 4:00 PM
Math Night	October 24 th at 4:00 PM
Parent Breakfast and Workshop	October 25 th from 7:45 – 9:15 AM
Parent's Night Out	November 7 th from 5:00 – 7:00 PM
Furman Fit Fundraiser #2	November 14 th at 1:30 PM
American Education Week	November 18 th – 22 nd
PTO	November 19 th at 4:00 PM
Holiday Family Lunch	November 21 st during lunches
Parent Breakfast and Workshop	November 22 nd from 7:45 – 9:15 AM
Financial Literacy Workshop	December 5 th from 5:00 – 7:00 PM
Entrepreneur Community Fair	December 7 th from 5:00 – 7:00 PM
Career Day	December 11 th all day
Parent Breakfast and Workshop	December 13 th from 7:45 – 9:15 AM
PTO	December 17 th at 4:00 PM
Polar Express Day	December 19 ^h all day
Family Yoga	January 9 th from 5:00 – 7:00 PM
Furman Fit Fundraiser #3	January 16 th at 1:30 PM
Parent Breakfast and Workshop	January 17 th from 7:45 – 9:15 AM
PTO	January 21 st at 4:00 PM
International Day	January 24 th all day
Black History Month	February – All Month Long
PTO	February 18 th at 4:00 PM
Parent Breakfast and Workshop	February 21 st from 7:45 – 9:15 AM
Read Across America Week	February 24 th – 28 th
Excellence Gala	February 27 th at 6:00 PM

Please Note: Any date and/or time changes will be made with as much notice as possible.



FURMAN L. TEMPLETON PREPARATORY ACADEMY
LEARN * LOVE * LIVE

School Year 19-20 Events

SAVE THE DATE For These Great Events!

<u>Event</u>	<u>Date and Time</u>
Mommy and Me	March 6 th from 5:00 – 7:00 PM
Furman Fit Fundraiser #4	March 12 th at 1:30 PM
Women's History Month Event	March 12 th all day
PTO	March 17 th at 4:00 PM
Parent Breakfast and Workshop	March 20 th from 7:45 – 9:15 AM
Pennies for Patients/Spirit Week	March 30 th – April 3 rd
Family Movie Night	April 2 nd from 5:00 – 7:00 PM
PTO	April 21 st at 4:00 PM
Earth Day Celebration	April 22 nd all day
Parent Breakfast and Workshop	April 24 th from 7:45 – 9:15 AM
Spring Family Dance	April 24 th at 5:00 PM
Teacher Appreciation Week	May 4 th – 8 th
Parent Workshop	May 7 th fro 5:00 – 7:00 P
Parent Breakfast and Workshop	May 15 th from 7:45 – 9:15 AM
Spring Showcase	May 15 th at 5:00 PM
Furman Fit Festival	May 30 th at 10:00 AM
Field Day	June 5 th all day
Pre-K Graduation	June 10 th at 9:00 AM
5 th Grade Graduation	June 11 th at 9:00 AM

Intersessions and School Closings

<u>Event</u>	<u>Date</u>
Labor Day	September 2 nd
Early Release Day	September 4 th
Fall Intersession	October 7 th – 18 th
Early Release and Conference Day	November 4 th
Thanksgiving Break	November 27 th – 29 th
Early Release Day	December 4 th
Winter Intersession	December 20 th – January 3 rd
MLK Jr. Day	January 20 th
Early Release and Conference Day	February 5 th
Presidents' Day	February 17 th
Early Release Day	March 4 th
Spring Intersession	April 6 th – 17 th
Primary Election Day	April 28 th
Early Release Day	May 6 th
Memorial Day Break	May 22 nd – 25 th

School Year 19-20 Events

Important Dates for Report Cards and Progress Reports

<u>Event</u>	<u>Date and Time</u>
Quarter 1 Progress Reports Released	September 19 th
Quarter 1 Report Cards Released	October 31 st
Quarter 1 Report Card Conferences	November 4 th from 12:30 – 2:30 PM
Quarter 2 Progress Reports Released	December 5 th
Quarter 2 Report Cards Released	January 23 rd
Quarter 2 Report Card Conferences	February 5 th from 12:30 – 2:30 PM
Quarter 3 Progress Reports Released	February 27 th
Quarter 3 Report Cards Released	March 26 th
Quarter 3 Report Card Conferences	April 17 th from 12:30 – 2:30 PM
Quarter 4 Progress Reports Released	May 14 th
Quarter 4 Report Cards Released	June 15 th

Please Note: Any date and/or time changes will be made with as much notice as possible.



FURMAN L. TEMPLETON PREPARATORY ACADEMY
LEARN * LOVE * LIVE

School Year 19-20 CALENDAR



F. L. Templeton Preparatory Academy
Learn * Live * Love

2019 – 2020 Academic Calendar

July 2019						
S	M	T	W	T	F	S
	1	2	3	4	5	6
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30	31			

August 2019						
S	M	T	W	T	F	S
				1	2	3
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29	30	31

September 2019						
S	M	T	W	T	F	S
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30					

October 2019						
S	M	T	W	T	F	S
		1	2	3	4	5
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30	31		

November 2019						
S	M	T	W	T	F	S
					1	2
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	29	30

December 2019						
S	M	T	W	T	F	S
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
30	31					

Teacher Days: 0	July	Student Days: 0
1-31	Intercession Break I – School Closed	
4	Independence Day	
Teacher Days: 20	August	Student Days: 15
5	All Staff Report	
5-9	Professional Development (PD) – Staff Only	
12	School Opens for Students	
12	Qtr. 1 Begins	
Teacher Days: 20	September	Student Days: 20
2	Labor Day – School Closed	
4	Early Release Day for Students – Staff PD	
11-17	Progress Report Card – Distribution Window	
Teacher Days: 15	October	Student Days: 13
7-18	Intercession Break II – School Closed	
17-18	Professional Development (PD) – Staff Only	
28	Qtr. 1 Ends	
29	Qtr. 2 Begins	
29-31	Report Card – Distribution Window	
Teacher Days: 18	November	Student Days: 18
1-4	Report Card – Distribution Window	
4	Early Release Day for Students –	
	Report Card Conference Day	
27	Intercession Day – School Closed	
28-29	Thanksgiving Holiday – School Closed	
Teacher Days: 14	December	Student Days: 14
2-6	Progress Report Card – Distribution Window	
4	Early Release Day for students – Staff PD	
20	Intercession Day – School Closed	
23-31	Winter Break – School Closed	
25	Christmas Day	
Teacher Days: 20	January	Student Days: 19
1	New Year's Day – School Closed	
2-3	Intercession Break III – School Closed	
3	Professional Development (PD) – Staff Only	
17	Qtr. 2 Ends	
20	Martin Luther King Jr. Day – School Closed	
21	Qtr. 3 Begins	
21-27	Report Card – Distribution Window	
Teacher Days: 19	February	Student Days: 18
5	Early Release Day for Students – Report Card Conference Day	
14	Professional Development (PD) – Staff Only	
17	Presidents' Day – School Closed	
24-28	Progress Report Card – Distribution Window	
Teacher Days: 22	March	Student Days: 22
4	Early Release Day for Students – Staff PD	
25	Qtr. 3 Ends	
26	Qtr. 4 Begins	
26-31	Report Card – Distribution Window	
Teacher Days: 12	April	Student Days: 11
1	Report Card – Distribution Window	
6-13	Spring Break – School Closed	
14-17	Intercession Break IV – School Closed	
17	Professional Development (PD) – Staff Only	
28	Primary Election – School Closed	
Teacher Days: 19	May	Student Days: 19
6	Early Release Day for Students – Staff PD	
11-15	Progress Report Card – Distribution Window	
22	Intercession Day – School Closed	
25	Memorial Day – School Closed	
Teacher Days: 11	June	Student Days: 11
15	Qtr. 4 Ends	
15	Last Day of School – If NO Inclement Weather –	
	Early Release Day for Students – Full Day for Staff	
Inclement Weather Days		
#1 – Monday, February 17, 2019	#5 – Wednesday, June 17, 2019	
#2 – Monday, April 6, 2019	#6 – Thursday, June 18, 2019	
#3 – Tuesday, April 7, 2019	#7 – Friday, June 19, 2019	
#4 – Tuesday, June 16, 2019	#8 – Monday, June 22, 2019	
Total Teacher Days: 190		Total Student Days: 180

January 2020						
S	M	T	W	T	F	S
			1	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30	31	

February 2020						
S	M	T	W	T	F	S
						1
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	29

March 2020						
S	M	T	W	T	F	S
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30	31				

April 2020						
S	M	T	W	T	F	S
			1	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30		

May 2020						
S	M	T	W	T	F	S
					1	2
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	29	30
31						

June 2020						
S	M	T	W	T	F	S
	1	2	3	4	5	6
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30				